

## Wyniki końcowe zgorzeleckiego cyklu biegowego 4 PORY ROKU 2021 – 5000m – Kobiety

| M-ce                    | Nazwisko i imię          | Nr Start | Rok Ur. | Kat. | Klub               | Drużyna 4 PR                      | Solo I | Solo II | Wiosna | Pkt | Lato  | Pkt | Jesień | Pkt | Zima   | Pkt | bonus | Suma Pkt |
|-------------------------|--------------------------|----------|---------|------|--------------------|-----------------------------------|--------|---------|--------|-----|-------|-----|--------|-----|--------|-----|-------|----------|
| 1                       | Kowalewska Ela           | 31       | 1982    | K39  | EDI TEAM Zgorzelec | EDI-Team Masters                  | 20:04  | 20:40   | 20:27  | 91  | 19:48 | 92  | 19:44  | 92  | 20:19  | 94  | 3     | 278      |
| 2                       | Karnicka Iwona           | 42       | 1973    | K48  | EDI TEAM Zgorzelec | DZG Runners                       |        | 21:57   |        | 90  | 22:46 | 89  | 21:14  | 92  | 21:58  | 90  | 3     | 275      |
| 3                       | Kamińska Ewa             | 18       | 1975    | K46  | EDI TEAM Zgorzelec | CBA                               | 21:26  | 21:35   | 22:03  | 91  | 22:32 | 87  | 21:13  | 91  |        |     |       | 269      |
| 4                       | Teodorowicz Barbara      | 7        | 1976    | K45  | EDI TEAM Zgorzelec | PIWO - Piękni i Wybiegani Ogólnie |        | 23:33   | 23:11  | 85  | 23:35 | 84  | 22:17  | 88  | 24:18  | 82  | 3     | 260      |
| 5                       | Krawiec Ewelina          | 1        | 1995    | K26  | EDI TEAM Zgorzelec | CBA                               | 20:57  | 21:17   | 21:09  | 82  | 21:02 | 82  | 20:54  | 82  |        |     |       | 246      |
| 6                       | Oleksiuk Aneta           | 57       | 1984    | K37  | EDI TEAM Zgorzelec | NIC NA SIŁĘ                       |        | 23:55*  |        | 79  | 23:44 | 79  | s23:11 | 81  | 25:22* | 74  | 1     | 240      |
| zaliczone tylko 2 biegi |                          |          |         |      |                    |                                   |        |         |        |     |       |     |        |     |        |     |       |          |
| 7                       | Peremicka Gosia          | 38       | 1981    | K40  | EDI TEAM Zgorzelec | CBA                               |        |         | 23:28  | 82  | DNF   | 0   | 22:59  | 83  |        |     |       | 165      |
| 8                       | Rudź-Krupińska Agnieszka | 110      | 1985    | K36  | EDI TEAM Zgorzelec | PIWO - Piękni i Wybiegani Ogólnie |        |         | 22:57  | 81  | 26:32 | 70  |        |     |        |     |       | 151      |
| 9                       | Dzikowska Alicja         | 92       | 1985    | K36  |                    |                                   |        |         |        |     |       |     | 29:23  | 62  | 27:56  | 66  |       | 128      |

## Wyniki końcowe zgorzeleckiego cyklu biegowego 4 PORY ROKU 2021 – 5000m – Mężczyźni

| M-ce | Nazwisko i imię       | Nr Start | Rok Ur. | Kat. | Klub                                  | Drużyna 4 PR                      | Solo I | Solo II | Wiosna | Pkt | Lato   | Pkt | Jesień | Pkt | Zima  | Pkt | bonus | Suma Pkt |
|------|-----------------------|----------|---------|------|---------------------------------------|-----------------------------------|--------|---------|--------|-----|--------|-----|--------|-----|-------|-----|-------|----------|
| 1    | Maciorowski Grzegorz  | 98       | 1974    | M47  | EDI TEAM Zgorzelec                    | ZAWI TEAM                         | 16:41  |         | 17:07  | 95  | 16:43  | 95  | 17:08  | 93  | 17:06 | 93  | 3     | 286      |
| 2    | Trela Krzysztof       | 15       | 1972    | M49  | EDI TEAM Zgorzelec                    | ZAWI TEAM                         | 17:24  |         | 17:12  | 94  | 16:47  | 95  | 17:11  | 94  | 17:57 | 94  | 3     | 286      |
| 3    | Zalewski Robert       | 37       | 1969    | M52  | EDI TEAM Zgorzelec                    | EDI-Team Masters                  | 17:14  |         |        | 94  | 17:13  | 94  | 17:25  | 94  |       |     |       | 282      |
| 4    | Moskalski Darek       | 69       | 1969    | M52  | EDI TEAM Zgorzelec                    | EDI-Team Masters                  | 18:09  | 18:47   |        | 92  | 19:12  | 88  | 18:18  | 91  | 19:02 | 89  | 3     | 275      |
| 5    | Regimowicz Tomasz     | 34       | 1976    | M45  | Adam Draczyński Running Team Nowa Sól | Izery Boagtynia                   |        | 18:25   |        | 89  | 17:21  | 92  | 18:38* | 88  | 17:59 | 91  | 2     | 274      |
| 6    | Niedzielski Rafał     | 61       | 1984    | M37  | EDI TEAM Zgorzelec                    | ZAWI TEAM                         | 17:13  |         |        | 91  | 17:41  | 89  | 17:19  | 90  | 19:08 | 85  | 3     | 273      |
| 7    | Rudnik Tomasz         | 73       | 1973    | M48  | EDI TEAM / PGE KWB Turów              | EDI-Team Masters                  | 18:09  | 18:36   | 18:29  | 91  | 18:56* | 88  | 18:41* | 89  | 18:45 | 89  | 1     | 270      |
| 8    | Moczek Tomasz         | 78       | 1978    | M43  |                                       | NIC NA SIŁĘ                       |        | 19:16   |        | 86  | 18:26  | 88  | 18:05  | 90  |       |     |       | 264      |
| 9    | Szydłowski Adrian     | 86       | 1986    | M35  | EDI TEAM Zgorzelec                    | NIC NA SIŁĘ                       |        | 18:10   |        | 87  | 18:35  | 86  | 18:17  | 87  | 18:50 | 85  | 3     | 263      |
| 10   | Krawiec Sebastian     | 85       | 1994    | M27  | EDI TEAM Zgorzelec                    | CBA                               | 17:29  | 18:17   |        | 87  | 17:46  | 86  | 17:31  | 87  |       |     |       | 260      |
| 11   | Olejnik Tomasz        | 2        | 1991    | M30  | EDI TEAM Zgorzelec                    | CBA                               | 17:09  |         | 17:53  | 89  | 18:36  | 85  | 18:11  | 86  |       |     |       | 260      |
| 12   | Krupiński Jakub       | 100      | 1984    | M37  | EDI TEAM / PGE KWB Turów              | PIWO - Piękni i Wybiegani Ogólnie | 18:50  |         |        | 86  | 18:52  | 86  | 20:01  | 82  | 21:07 | 79  | 3     | 257      |
| 13   | Prawelski Andrzej     | 44       | 1976    | M45  | EDI TEAM Zgorzelec                    | PIWO - Piękni i Wybiegani Ogólnie | 19:53  |         | 20:19  | 85  | 19:58  | 84  | 19:41  | 85  | 23:01 | 75  | 3     | 257      |
| 14   | Choja Jakub           | 36       | 1990    | M31  | Izery Boagtynia                       | Izery Bogatynia                   |        |         | 18:41  | 85  | 18:52  | 84  | 18:12  | 86  |       |     |       | 255      |
| 15   | Mazurek Łukasz        | 11       | 1978    | M43  | EDI TEAM Zgorzelec                    | DZG Runners                       |        | 21:57   |        | 78  | 19:48  | 84  | 19:35  | 85  | 20:18 | 83  | 3     | 255      |
| 16   | Marszałek Kazimierz   | 71       | 1974    | M47  |                                       |                                   |        |         |        |     | 19:37  | 86  | 19:50  | 85  | 20:21 | 84  |       | 255      |
| 17   | Dobrowolski Krzysztof | 13       | 1983    | M38  | EDI TEAM Zgorzelec                    | DZG Runners                       | 19:33  |         | 20:15  | 84  | 19:56  | 83  | 19:27  | 84  | 20:07 | 82  | 3     | 254      |
| 18   | Bielawa Marcin        | 3        | 1982    | M39  | Izery Boagtynia                       | Izery Boagtynia                   |        | 20:37   |        | 81  | 19:16  | 85  | 18:48* | 86  |       |     |       | 252      |
| 19   | Bieniek Marcin        | 19       | 1981    | M40  | EDI TEAM Zgorzelec                    | Dziady spod lady                  |        |         | 20:01  | 83  | 19:30  | 85  |        |     | 20:04 | 83  |       | 251      |
| 20   | Teodorowicz Krzysztof | 23       | 1973    | M48  | EDI TEAM Zgorzelec                    | PIWO - Piękni i Wybiegani Ogólnie | 20:13  | 20:35   |        | 84  | DNF    |     | 20:15  | 84  | 21:37 | 80  |       | 248      |
| 21   | Niewiadomski Roman    | 39       | 1980    | M41  | EDI TEAM Zgorzelec                    |                                   |        |         | 21:13  | 80  |        |     | 19:54  | 84  | 20:37 | 81  |       | 245      |
| 22   | Cichocki Marek        | 60       | 1988    | M33  | EDI TEAM Zgorzelec                    | NIC NA SIŁĘ                       |        |         | 20:46  | 79  | 21:12  | 78  | 21:11* | 78  | 24:57 | 66  | 2     | 237      |



**Bieg Czekoladowy dla dzieci****Royal Berry Chocolate / Carrefour Zgorzelec**

| alfabetycznie           | Nr Start | Rok Ur. | Kat. |      |
|-------------------------|----------|---------|------|------|
| <b>200m (2015-2021)</b> |          |         |      |      |
| Białoń Filip            | 55       | 2017    | M4   | 3    |
| Białoń Jaśmina          | 56       | 2015    | K6   | 3    |
| Bielawa Maja            | 118      | 2016    | K5   | 2    |
| Cichocki Jan            | 54       | 2017    | M4   | 1    |
| Dzikowska Antonina      | 51       | 2016    | K5   | 234  |
| Dzikowski Ignacy        | 53       | 2018    | M3   | 234  |
| Hnitecka Natalia        | 45       | 2015    | K6   | 13   |
| Krupiński Dawid         | 20       | 2016    | M5   | 1234 |
| Peremicka Malwina       | 22       | 2015    | K6   | 12   |
| Tarasewicz Helena       | 116      | 2015    | K6   | 2    |
| Toma Hania              | 47       |         |      | 3    |
| Więckowska Aleksandra   | 8        | 2019    | K2   | 2    |
| Więckowska Kamila       | 6        | 2017    | K4   | 2    |

| alfabetycznie            | Nr Start | Rok Ur. | Kat. |      |
|--------------------------|----------|---------|------|------|
| <b>600m (2011-2014)</b>  |          |         |      |      |
| Białoń Natasza           | 59       | 2013    | K8   | 3    |
| Bielawa Dawid            | 117      | 2011    | M10  | 2    |
| Knysz Lena               | 114      | 2014    | K7   | 123  |
| Krac Tymon               | 95       | 2011    | M10  | 13   |
| Krupiński Michał         | 111      | 2012    | M9   | 1234 |
| Machun Anika             | 103      |         |      | 1    |
| Mazurek Franio           | 119      | 2012    | M9   | 1234 |
| Peremicka Hanna          | 24       | 2013    | K8   | 12   |
| Toma Aleksander          | 49       | 2012    | M9   | 3    |
| Muzyka Karol             | 66       | 2011    | M10  | 3    |
| Muzyka Aleksander        | 64       | 2013    | M8   | 3    |
| alfabetycznie            | Nr Start | Rok Ur. | Kat. |      |
| <b>1000m (2007-2010)</b> |          |         |      |      |
| Bieniek Gabriel          | 10       | 2009    | M12  | 2    |
| Hnitecka Emilia          | 43       | 2009    | K11  | 13   |
| Krupińska Ela            | 25       | 2010    | K11  | 1234 |
| Lenart Oliwier           | 50       | 2009    | M12  | 1234 |
| Peremicki Aleksander     | 16       | 2007    | M14  | 12   |
| Sawicka Gabrysia         | 120      | 2008    | K13  | 234  |